

### **PHIBROWS AFTERCARE**

<u>DAY 1 -</u> **every hour** - Gently cleanse the brows with cool, boiled water, taking care not to over stretch the skin. Apply a thin layer of skin candy balm, after cleansing, on alternate hours.

<u>DAY 2 - every 2-4 hours</u> - Gently cleanse the brows with cool, boiled water, taking care not to over stretch the skin. Apply a thin layer of skin candy balm, after cleansing.

<u>DAY 3-7 -</u> **1-3 times daily** - Gently cleanse the brows with cool, boiled water, taking care not to over stretch the skin. Apply a thin layer of skin candy balm after cleansing.

<u>DAY 8-14</u> **1-2 times daily** - Gently cleanse the brows with cool, boiled water, taking care not to over stretch the skin. Apply a thin layer of skin candy balm after cleansing.

## WHAT TO EXPECT FROM YOUR PHIBROWS

"It's an emotional journey! Trust me and trust the process"

DAY 1 - "OMG I love them"

### DAY 2-4 - "OMG they're a little dark"

Don't panic and trust the process! The pigment will deepen during this period, making the brows appear much darker, however the healed results will be 20-30% lighter.

Top tip \* pop a little makeup on to balance out the brow density \*

# DAY 5-10 - "OMG they're falling out"

Again, don't panic! The pigment is cooking away, under the surface of the skin, at different times, so you may experience a variation in tones and slight pigment flaking.

## DAY 12-28 - "OMG they're coming back"

Pigment start to push back to the surface, they are nearly all healed and ready for your 4-7 week top up.

#### THINGS TO AVOID POST TREATMENT

- avoid getting your brows wet for 10-12 days
- avoid excessive sweating and training for at least one week after treatment.
- avoid products on the brows for 10 days, except skin candy, that is provided.
- avoid regenerative products, peel, laser removal, sun beds and microdermabrasion for the next 30 days.

# ALWAYS APPLY SPF TO YOUR BROWS, POST HEALING.